

Curriculum Vitae
May 21, 2026

Yejin Rho Ph.D.
yrho@govst.edu
Assistant Professor
Division of Psychology and Counseling
College of Education and Human Development
Governors State University

EDUCATION

Ph.D. Positive Developmental Psychology, Claremont Graduate University

M.A. Counseling Psychology, Ewha Womans University in Republic of Korea

B.A. Psychology, Ewha Womans University in Republic of Korea

2007 – 2019 Claremont Graduate University Ph.D.
Ph.D. August 2019 Major: Positive Development Psychology
Advisor: Jeanne Nakamura Ph.D
Committee: Mihaly Csikszentmihalyi Ph.D
Kendall Cotton Bronk Ph.D
Suzanna Penningroth Ph.D
Ph.D Dissertation Title: *What contributes to successful adaptation to later life: How two life-span perspectives explain the process*

2003- 2005 Ewha Womans University in Republic of Korea
M.A. August 2005 Advisor: Dongyul Lee Ph.D
Major: Counseling Psychology
Master's Thesis Title: *The relation of positive illusions and attributional style*

1999-2003 Ewha Womans University in Republic of Korea
B.A. February 2003 Major: Psychology
Minor: Social Welfare

AWARDS

Dec 2021 Teaching Award Nominations Kennesaw State University

PROFESSIONAL EXPERIENCES

- Aug 25, 2022 - Current **Assistant Professor**
Division of Psychology and Counseling, Governors State University
- Jan 2021 – Jun 2022 **Limited Term Assistant Professor**
Department of Psychology, Kennesaw State University,
- Sep 2013 – May 2020 **Adjunct Faculty**
Department of Psychology & Department of Math,
Azusa Pacific University
- Jan 2013 – May 2013 **Adjunct Faculty**
Department of Psychology,
California State University, Dominguez Hills

PUBLICATIONS

Journal Articles

- Park, G., Kappers, A., & Rho, Y., & Van Bavel, J. J. (2016). At the heart of morality lies neuro-visceral integration: Lower cardiac vagal tone predicts utilitarian moral judgment. *Social Cognitive and Affective Neuroscience*, 11, 1588-1596.
- Rho, Y. J., & Lee, J. Y. (2006). The relation of positive illusions and attributional style. *Korean Journal of Educational Research*, 44(2), 245-266.

Papers In Progress

- Tu, Y. F., Rho, Y. J., & Atra-Yassin, L. (2026). *Affective self-regulation as a mediator between personality traits and chronic conditions in older adults: A 10-year longitudinal study* [Manuscript submitted for publication]. Division of Psychology and Counseling, Governors State University.
- Rho, Y. J., Tu, Y. F., & Atra-Yassin, L. (2026). *How effective emotion regulations help older adults with high neuroticism improve their life satisfaction* [Manuscript in preparation]. Division of Psychology and Counseling, Governors State University.
- Atra-Yassin, L., Rho, Y. J., & Tu, Y. F. (2026). *How cognitive reappraisal can influence older adults' physical health: A 10-year longitudinal study*. [Manuscript in preparation]. Division of Psychology and Counseling, Governors State University.
- Rho, Y. J., & Lee, S. H. (2026). *How to predict burnout through job-related stresses and biomarkers*. [Manuscript in preparation]. Division of Psychology and Counseling, Governors State University.

TEACHING EXPERIENCES

- Spring 2026 Governors State University

	Intro to Research Methods (1 section, Online) Life Span Developmental Psychology (1 section, Online) Child Development (1 section, Online)
Fall 2025	Governors State University Intro to Research Methods (2 sections, Face-to-face & Online) Life Span Developmental Psychology (1 section, Face-to-face) Personality Theories (1 section, Face-to-face)
Summer 2025	Governors State University Intro to Research Methods (1 section, Online)
Spring 2025	Governors State University Life Span Developmental Psychology (1 section, Face-to-face) Adulthood (1 section, Online) Advanced Research Seminar (1 section, Face-to-face)
Fall 2024	Governors State University Principles of Psychology (1 section, Face-to-face) Personality Theories (1 section, Face-to-face) Cognitive Development (1 section, Online)
Summer 2024	Governors State University Social Psychology (1 section, Online)
Spring 2024	Governors State University Life Span Developmental Psychology (1 section, Face-to-face) Topics in Positive Psychology (1 section, Online) Advanced Research Seminar (1 section, Hybrid)
Fall 2023	Governors State University Principles of Psychology (1 section, Face-to-face) Personality Theories (1 section, Face-to-face) Intro to Research Methods (1 section, Face-to-face)
Summer 2023	Governors State University Intro to Research Methods (1 section, Online)
Spring 2023	Governors State University Intro to Research Methods (1 section, Online) Life Span Developmental Psychology (1 section, Face-to-face) Advanced Research Seminar (1 section, Face-to-face)
Fall 2022	Governors State University Intro to Research Methods (1 section, Face-to-face)

Life Span Developmental Psychology (2 sections, Face-to-face & Online)

Spring 2022	Kennesaw State University Statistical Applications in Psychological Science (3 sections, Online) The Psychology of the Emerging Adult (2 sections, Online)
Fall 2021	Kennesaw State University Statistical Applications in Psychological Science (2 sections, Online) Cross-Cultural Psychology (2 sections, Online) The Psychology of the Emerging Adult (1 section, Online)
Spring 2021	Kennesaw State University Statistical Applications in Psychological Science (2 sections, Online) Cross-Cultural Psychology (2 sections, Online) The Psychology of the Emerging Adult (1 section, Online)
Spring 2020	Azusa Pacific University Introduction to Statistics (2 sections, Online)
Spring 2019	Azusa Pacific University Introduction to Statistics (2 sections, Face-to-Face)
Fall 2018	Azusa Pacific University Introduction to Statistics (2 sections, Face-to-Face)
Summer 2018	Azusa Pacific University Human Growth and Development (1 section, Face-to-Face)
Spring 2018	Azusa Pacific University Introduction to Statistics (2 sections, Face-to-Face) Psych of Adult Development (1 section, Face-to-Face)
Fall 2017	Azusa Pacific University Introduction to Statistics (2 sections, Face-to-Face) Writing 2: Psych of Sub-Discipline (1 section, Face-to-Face)
Spring 2017	Azusa Pacific University Introduction to Statistics (1 section, Face-to-Face) Cultural Psychology (2 sections, Face-to-Face)
Fall 2016	Azusa Pacific University Introduction to Statistics (1 section, Face-to-Face) Cultural Psychology (2 sections, Face-to-Face)
Summer 2016	Azusa Pacific University Psych of Child & Adolescent Development (1 section, Face-to-Face)

Spring 2016	Azusa Pacific University Introduction to Statistics (1 section, Face-to-Face) Cultural Psychology (2 sections, Face-to-Face)
Fall 2015	Azusa Pacific University Introduction to Statistics (1 section, Face-to-Face) Human Growth and Development (1 section, Face-to-Face) Cultural Psychology (1 section, Face-to-Face)
Spring 2015	Azusa Pacific University Applied Statistics (1 section, Face-to-Face) Psych of Child & Adolescent Development (1 section, Face-to-Face) Cultural Psychology (1 section, Face-to-Face)
Fall 2014	Azusa Pacific University Applied Statistics (1 section, Face-to-Face) Psych of Adult Development (1 section, Face-to-Face) Cultural Psychology (1 section, Face-to-Face)
Summer 2014	Azusa Pacific University Applied Statistics (1 section, Face-to-Face)
Spring 2014	Azusa Pacific University Applied Statistics (1 section, Face-to-Face) Psych of Adult Development (1 section, Face-to-Face) Cultural Psychology (1 section, Face-to-Face)
Fall 2013	Azusa Pacific University Psych of Adult Development (1 section, Face-to-Face) Cultural Psychology (1 section, Face-to-Face)
Spring 2013	California State University, Dominguez Hills Elementary Statistics (1 section, Face-to-Face)
Spring 2011	Korea National Open University, South Korea Theory and Practice of Counseling (1 section, Face-to-Face)

PRESENTATIONS at Peer-Reviewed Conference

Rho, Y. J. (Jun, 2026). *The relation of flow experience to retirement satisfaction across cultures: Comparison between the East and the American men*. Poster will be presented at International Conference on Cross-Cultural Psychiatry, Psychology and Mental Health, Tokyo, Japan.

- Moore, K*. (Apr, 2026). *Work life balance amongst Americans*. Poster presented at GSU Research Days. (RAD Program Faculty Mentor)
- Stanek, K*. (Apr, 2025). *How personal growth is related to the Big 5 personality traits*. Poster presented at GSU Research Days. (RAD Program Faculty Mentor)
- Tu, Y. F*, Atra-yassin, L*, Stanek, K*, & Rho, Y. J. (Apr, 2025). *How emotion regulations influence older adults' physical health with neuroticism*. Poster presented at 97th Annual Meeting of the Midwestern Psychological Association, Chicago, Illinois.
- Atra-yassin, L*, Rho, Y. J., & Tu, Y. F*. (Apr, 2025). *How cognitive reappraisal can influence older adults' physical health*. Poster presented at 97th Annual Meeting of the Midwestern Psychological Association, Chicago, Illinois.
- Rho, Y. J. (2024, April). *Can goal strategies become protective factors for older adults?* Poster presented at 96th Annual Meeting of the Midwestern Psychological Association, Chicago, Illinois.
- Rho, Y. J. (2023, April). *What contributes to well-being in later life?* Poster presented at 95th Annual Meeting of the Midwestern Psychological Association, Chicago, Illinois.
- Nakamura, J., & Rho, Y. J. (2011, July). *Positive aging: Preparation for the "new" old age*. Poster presented at Second World Congress on Positive Psychology, Philadelphia, Pennsylvania.
- Warren, M., Liu, P. J., Rho, Y. J., & Nakamura, J. (2011, July). *Accuracy of perception of aging and subjective well-being*. Poster presented at Second World Congress on Positive Psychology, Philadelphia, Pennsylvania.
- Wheeler, B., Dymchenko, N., Branand, B., Rho, Y. J., & Nakamura, J. (2011, July). *Doing good and feeling good in older adulthood*. Poster presented at Second World Congress on Positive Psychology, Philadelphia, Pennsylvania.
- Rho, Y. J. (2010, August). *Effects of flow experience on retirement satisfaction*. Poster presented at APA 2010 Annual Convention, San Diego, California.
- Chung, R., Kim, S. Y., Lee, G. K., & Rho, Y. J. (2010, August). *Portraits of the Korean American community – identity, family, and health: Health and well-being of Korean American*. Symposium presented at APA 2010 Annual Convention, San Diego, California.
- Lee, J. Y., Hwang, S. H., & Rho, Y. J. (2009, August). *The impact of marital conflict of parent perceived by adolescents on their depression and aggression: Focusing on the mediating effects of shame and fear of abandonment*. Poster presented at APA 2009 Annual Convention, Toronto, Canada.

Rho, Y. J. & Kim, J. Y. (2005, August). *The relation of positive illusion and attributional style*. Symposium presented at the Korean Counseling Association 2005 Annual Convention, Jeju, Korea.

* Student

OTHER PRESENTATIONS

Rho, Y. J. (2023, June). *Living in multicultural worlds*. Presented at 2023 International Conference: Multi-Culture and Human Rights. Gyeongsang National University, South Korea.

GUEST LECTURES

May 2023 PSYC 4070 Governors State University
Title: *Paradox of aging: How we understand and explain this phenomenon*

NON-CREDIT SEMINARS AND WORKSHOPS

Feb 2023 Gyeongsang National University, South Korea.
Title: *Elderly counseling: Successful aging & developmental issues*

Jan 2023 Gyeongsang National University, South Korea.
Title: *The effects of community and culture on clients*

FELLOWSHIP and AWARDS

Spring semester 2012 Transdisciplinary Reading Working Group Grant

Spring semester 2012 Hillcrest Transdisciplinary Student Research Award

Spring semester 2011 Transdisciplinary Reading Working Group Grant

Spring semester 2011 Hillcrest Transdisciplinary Student Research Award

Jan 2011 - May 2011 CGU Fellowship – SBOS

Sep 2010 - Dec 2010 CGU Fellowship – SBOS

Fall semester 2010 Transdisciplinary Reading Working Group Grant

Spring semester 2010 Transdisciplinary Reading Working Group Grant

Sep 2009 - May 2010 Positive Psychology Fellowship

Sep 2007 - May 2009 CGU Fellowship – SBOS

ASSISTANTSHIPS

January 2012 - May 2012	Teaching Assistantship (Adult Development course)	Claremont Graduate University
December 2010 - May 2012	Research Assistantship (New Old Age Project)	Claremont Graduate University
January 2010 - May 2010	Teaching Assistantship (Adult Development course)	Claremont Graduate University
January 2004 - August 2005	Research Assistantship (BK21-project)	Korea National Government
March 2005 - August 2005	Student Assistant Scholarship	Ewha Womans University
September 2003 - February 2004	Student Assistant Scholarship	Ewha Womans University
March 2003 - August 2003	Student Assistant Scholarship	Ewha Womans University

TRAINEESHIP

September 2003 - August 2004	Training Counselor	Ewha
Student Counseling Center		

WORK EXPERIENCE

April 2016 - July 2022	Social Worker	Inland Grace ADHC
April 2006 - June 2006	Research Worker	Ewha Student Counseling Center
March 2003 - August 2003	Administrative assistant	Korea Youth Counseling Institute

LICENSE

March 2006

Certificated Counselors

Korean Psychological Association