Recovery Oriented System of Care

A PROGRAM OF arrowleaf
Growth. Community. Transformation.

Hardin/Pope ROSC Council
Meeting Minutes

Date: September 10th, 2026 | 11:30 AM – 12:30 PM
Location: Online at www.bit.ly/HardinPopeROSC
In-Person at 125 Market St., Golconda, IL

Last Meeting's Minutes: August Minutes

Attendance:

In Person Attendees

1. Cammy Duggins, Hardin/Pope ROSC Council Coordinator
2. Dave Griswold, Community Member, Person with Lived Experience
3. Briana Spivey, SUPS Community Advocate, Community Member
4. Skye Blackwell,

Online Attendees

1. Emily Middleton, Senior Program Director – Prevention and Advocacy
2. Jayson Holland, Arrowleaf Veteran's Advocate, Person with Lived Experience
3. Tracy Morrow, Assistant Director of Prevention Services
4. Matthew Hafford, SUPS Community Advocate, Community Member
5. Alexandria Messerly, STOP SVP Community Advocate
6. Jennifer Worthen, Community Member, Person with Lived Experience
7. Beverly Holland, Region 5 TA for ROSC
8. Haley Hopkins, Prevention First, Leadership Center
9. Michael Lynd, The Fellowship House, Peer Wellness Coach / Integrated Care Outpatient

10. Keeleigh Webb, Arrowleaf CCBYS Community Advocate
11. Maddison Thompson, Arrowleaf SUPS Community Advocate
12. Rochelle Morgan, CHESI Breast and Cervical Cancer
13. Mike Deno, House of Care Ministries, Person with Lived Experience
14. Lasha Vincent, MCDAC ROSC Council Coordinator
15. Angela Towne, CRHSS Program Coordinator
16. Laken Gallo, Guardian Family Services
17. Rachel Chruszczyk, Grant Coordinator, Centerstone
18. Heather Rash, CASA of Southeastern Illinois, Community Member
19. Melissa Brown, SUPR/SAFE Coordinator, Community Member, Person with Lived Experience
20. Danielle, MCDAC
21. Michael Lynd, The Fellowship House, Peer Wellness Coach / Integrated Care Outpatient

Welcome and Introductions

Arrowleaf ROSC Vision

- A community system that supports and encourages individuals and families seeking or maintaining recovery for themselves or a loved one

Arrowleaf ROSC Mission

- Collaborating to build, foster, and empower communities of recovery

Old Business

- **Impact Report**
    - Reviewed and discussed the impact your ROSC Council work has had on changing community systems in your service area:
        - Good focus on awareness of resources and how to incorporate more natural resources in the path to recovery.
        - Proud of expanding partnerships
        - Engagement in meetings, expanding attendance
        - Compare statistics of impact
    - During FY26, the Hardin-Pope ROSC Council worked to strengthen community systems through awareness of recovery resources, expanding partnerships, and prioritizing equitable participation. We recognize that transportation challenges, limited internet access, and service gaps often prevent those in our community from accessing support and participating in community planning.

        - The council has become a central hub for sharing resources, identifying community needs, and connecting organizations that may not otherwise collaborate. When needs are identified, members frequently leave meetings with specific connections, referral opportunities, and plans for next steps. Through targeted outreach and partner engagement, we exceeded our goal of 50 responses on our community survey and received 202 responses, helping us gather input from a wider range of community members and use data to inform our priorities.

- **Community Survey Template** was due August 30th
    - Discussed last years' questions
    - Emily will create the survey with the final questions chosen and Quinn has agreed to translate the survey into Spanish for our Spanish-speaking community members (primarily in the Cobden area).

- **Overdose Awareness Day** August 31st, 2026
    - International Overdose Awareness Day (See link)
        - Lesia Burns, Diver Down, offered to host another overdose awareness training event at her business on Monday, 8/31/26 at 6:00PM
        - Ask Emily to create a flyer for the event.

- **Recovery Month & Suicide Prevention Month Event in September**
    - Saturday, September 19th at the Shrimp Festival Arrowleaf ROSC Resource Table
        - Hand out ribbons to tie around branches of the courthouse tree.
            - Purple in honor of someone in recovery or active addiction.
            - Teal in honor of someone who struggles with suicidal thoughts or in memory of someone lost.
        - Cammy and Matt will be there!
    - Saturday, September 19th Massac County Recovery Walk
        - 10 AM – 12 PM at Ft. Massac Park
            - lashav@massacdrugawareness.com
        - Jayson will be there!
    - Tuesday, September 29th – Anna, The Space on Main
        - 334 South Main St., Anna, IL
        - Roots of Recovery Celebration resource fair – 11:00 AM
            - Take part in a ribbon planting ceremony and connect with local organizations at our community resource fair.
        - Michael, Melissa, and Emily will be there!

Discussion Topics

- **Update on Community Survey Submission**
  - FY27 Community Survey Link
    - Online version will be published today and shared with the council.

- **September is Recovery Month and Suicide Awareness Month**
  - Saturday, September 19th at the Shrimp Festival Arrowleaf ROSC Resource Table
    - Hand out ribbons to tie around branches of the courthouse tree.
      - Purple in honor of someone in recovery or active addiction.
      - Teal in honor of someone who struggles with suicidal thoughts or in memory of someone lost.
  - Saturday, September 19th Massac County Recovery Walk
    - 10 AM – 12 PM at Ft. Massac Park
      - lashav@massacdrugawareness.com
  - Tuesday, September 29th – Anna, The Space on Main
    - 334 South Main St., Anna, IL
    - Roots of Recovery Celebration resource fair – 11:00 AM
      - Take part in a ribbon planting ceremony and connect with local organizations at our community resource fair.

- **Community Member Story / Overdose Awareness Day**
  - Mollie's Story
    - Teen Challenge Video
  - Daniel Bell
    - Poem
  - Community changing perceptions around use of Narcan.

Announcements

- SMART Recovery – Open Door online recovery meetings (see flyer)
  - Meeting Thursdays from 6 PM – 7:30 PM
- Angela Towne and Emily Middleton will be presenting at **Southern Illinois Behavioral Health Summit** regarding SMART Recovery, Open Door, and benefits of peer support services. The summit is on September 24th and September 25th at SIU in Carbondale.
- Arrowleaf has joined the Out of the Darkness Suicide Prevention Walk planned for September 12th in Cobden and would like to invite Hardin-Pope ROSC members to join their team. If you would like to join the walk or donate to the cause, click here: https://afspwalks.donordrive.com/teams/394827
  - **At the Walk we wear honor beads - each color shows our personal connection(s) to the cause.**
    - White - Lost a Child

        - Red - Lost a Spouse or Partner
        - Gold - Lost a Parent
        - Orange - Lost a Sibling
        - Purple - Lost a Relative, Friend, or Associate
        - Silver - Lost First Responder / Military
        - Green - A Personal Struggle or Attempt
        - Teal - Friend/Family/Supporter of Someone Who Struggles or Attempted
        - Rainbow - Honoring LGBTQ Community
        - Blue - Supporter of Suicide Prevention
        - Other/Prefer not to disclose
    - **House of Care Ministries**
        - Hope Car Mission Trip upcoming in October 15th. Looking for donations for hygiene products and supplies to be able to share out to resources to those in need.
    - **ACOA – Adult Children of Alcoholics Meetings at MCDAC**
        - See flyer – Thursdays at 4 PM at the MCDAC office
    - **CHESI Cairo** –
        - **Breast Cancer Awareness** event October 23rd 10 AM – 2 PM
    - **Rachel** has taken a new role with the Community ANCHOR grant with Centerstone. Working on establishing community network groups and looking for representatives for a new council.
        - Rachel's new email: rachel.chruszczyk@centerstone.org
        - Community Network Anchor - Centerstonell

Next Meeting –

- **Thursday, October 8th** from 11:30AM to 12:30PM
    - 125 Market St., Golconda, IL or www.bit.ly/HardinPopeROSC